

## Overproduction in motherhood

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*'In part, it is a born of old fashioned prejudice: to these who consider woman artists an inferior proposition, artists mothers seem beyond the pale.'*

Hettie Judah from the book 'How not to exclude artists mothers (and other parents).'

I remember that having my first baby collude with the exhibition opening at Casco Art Institute working for the Commons. Thanks to the collective hard work and my personal resistance to grow as an individual artist, with my personal CV and achievements, perpetuating collective art making, could pull it all together. Our work, with The Outsiders, is an effort of many minds, hands and hearts.

On the days of the opening of the exhibition, my baby was few months old. I went from the hospital to work, with no space in between. I had to make that choice because this exhibition was on my 'bucket list' for years. There are few institutions that understand support and struggle together as Casco... so 'Who knows when will be I able to exhibit again, now that I have a baby'....were my thoughts at that moment. Thank to a big network of female directors we do have another ongoing exhibition in France, and many other invitations happened in between.

In any case, the most traumatic of all, has been going from motherhood to work, with no break in between. A lot of mothers seeks for their own space in their work, and with the creative work is even a more delicate theme. We are at pick in our age to found a family and at the same time to start having invitations and proposals, it is difficult to choose, so we end up throwing ourselves in both...ultimately there I was, breastfeeding during the opening. You might think is beautiful and romantic but it is also very exhausting.

How did I think I could manage my career, my motherhood, my house and all the family involved few weeks after birth giving. Why are there no outspoken rules of respect of a mother body, work contracts in the artwork that facilitate conversations with the motherly body and mind.

Today I am still struggling with combing both and I also see people around me choosing or one or the other...probably if we could unlearn the way we perceive artist mothers, we could facilitate a correct lifestyle for the one that drag all this over-productive tasks on their shoulders.